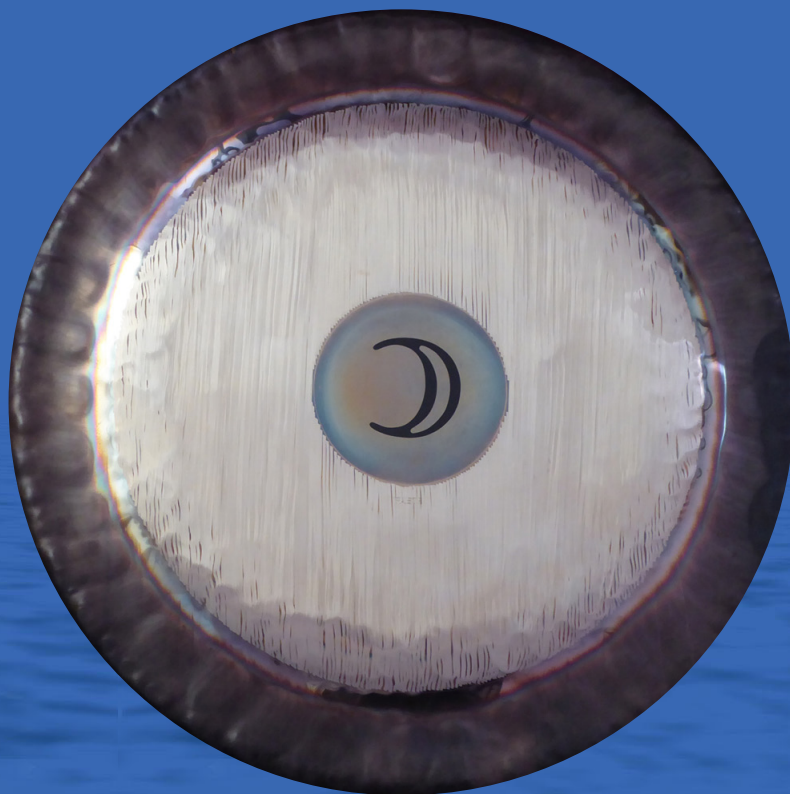


RELAX YOUR BODY : CALM YOUR MIND



Sound Healing Meditation

Full Moon Wednesdays

6 September : 4 October

8.00-9.00pm

every Wednesday from 25 October

Full Moon, New Moon, Gong Nidra

Breath : Movement : Meditation

Bronze Gongs : Singing Bowls : Sublime Music

Relaxation : Restoration : Renewal

for information please contact:

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Urban Soul Studio

105 BELMONT STREET : ALEXANDRIA